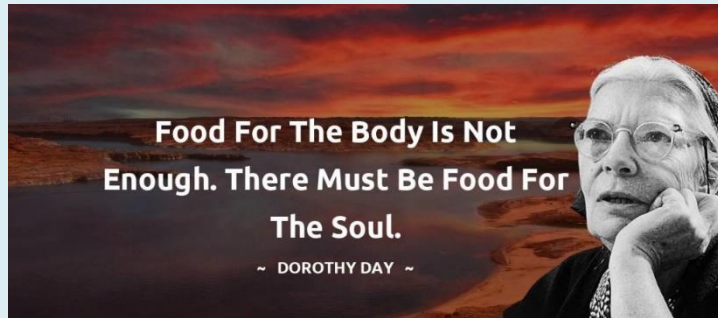


Food For the Soul:

A Series of In-Depth and Personal Discussions



Hosted by the First Spiritual Temple, this will be a series of open discussions on some important topics that concern you and your Soul's journey. Unlike a typical online class or lecture, this series hopes to get you engaged in some personal discussion.

Factual information about the Spirit and Soul is important and has its place, but underlying any spiritual fact there is usually some ancient and esoteric concept which has withstood the test and the passage of time. This is exactly what this series hopes to unearth from within you. It's all in there. Sometimes, it just needs a little prodding to get it to the surface in order to reveal its wonder and beauty.

Sessions will include a reading from the writings of Alice Bailey, Charles Leadbeater, Annie Basant, Ernest Holmes, Alan Kardec, Andrew Jackson Davis, our own Temple publications, and others.

Some of the planned discussions are:

- ✚ The Real Mystery of Death and Dying.
- ✚ The Esoteric Implications of Spiritualism.
- ✚ Why Bad Things Happen to Good People.
- ✚ Humans and Animals: A Divine Relationship.
- ✚ The Masters of the Race.
- ✚ Human Initiation: How; When; Why; Where?
- ✚ And More.

Held on the **SECOND** and **FOURTH TUESDAY** of each month, at 7 PM ET,
Beginning Tuesday, April 14, 2026.

Preregistration, accompanied by a \$10 donation, is required. All registrants will be emailed the Zoom link for each session. When making the donation, please indicate "Soul" in the "Comment Box." If you wish financial assistance in attending any session, please contact Rev. Simeon at revsimeon@fst.org.

Click the **DONATE** Button to Register.

